

ADULT GARMENT MEASUREMENTS

Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest - Half Measure	18	20	22	24	26	28	30	32	34
Chest - Full Measure	36	40	44	48	52	56	60	64	68
Body Length from HPS	28	29	30	31	32	33	34	35	36
Sleeve Length-CB	16.75	17.75	18.75	19.75	20.75	21.75	22.75	23.75	24.75

ADULT General Sizing Guide

Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest	34-36	38-40	42-44	46-48	50-52	54-55	56-57	58-61	61-64
Waist	29-32	32-35	35-38	38-41	41-44	44-47	47-50	50-53	53-56
Sleeve Length-CB	32-33.5	34-35	35-36	36-37	37-38	38-39	38.5-39	39-39.5	39.5-40

LADIES' GENERAL SIZING GUIDE / GUIDE DE TAILLE GÉNÉRALE POUR FEMMES

	XS	S	M	L	XL	2XL	3XL	4XL
Numeric Size / Taille numérique	2	4-6	8-10	12-14	16	18-20	22	24
Bust / Buste	32"- 34"	35"- 36"	37"- 38"	39"- 41"	42"- 44"	45"- 47"	48"- 51"	52"- 55"
Waist / Taille	24"- 25"	26"- 27"	28"- 30"	30"- 32"	33"- 35"	36"- 38"	40"- 42"	42"- 44"
Hip / Hanches	33"- 35"	35"- 37"	37"- 39"	39"- 41"	42"- 44"	45"- 47"	48"- 50"	50"- 52"
Sleeve Length-CB / Manches - CDD	30"- 30.5"	30.5"- 31"	31.5"- 32"	32.5"- 33"	33.5"- 34"	34"- 34.5"	34.5"- 35"	34.5"- 35"

YOUTH GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Chest - Half Measure	14	16	17	18	19
Chest - Full Measure	28	32	34	36	38
Body Length from HPS	19	21	23	25	27
Sleeve Length-CB	11.75	13.75	14.75	15.75	16.75

YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24-26	26-28	28-30	30-32	32-35
Waist	22.5-23.5	23-24.5	24.5-25.5	25.5-27	27-29
Sleeve Length-CB	24-25	25-26	26-27.5	27.5-29	29.5-31

**MEASURING TIPS
TO ASSURE THE BEST FIT**

SLEEVE: With arm bent and hand on hip, place tape measure at the base (Centre Back/CB) of your neck and follow along the top shoulder and arm to the wrist.

BUST/CHEST: With arms at sides, place tape measure under your arms and run it around the fullest part of the chest and across the shoulder blades.

WAIST: Find the natural crease of your waist by bending to one side. Run tape measure around your natural waistline, keeping one finger between the tape and your body for a comfortable fit.

HIPS: With feet together, run tape measure around the fullest part of your hips/seat, about 7 to 8 inches below your waistline.

INSEAM: For full-length pants, run tape measure along the inside of your leg, from just below the crotch, to about 1 inch below the ankle.